

TWEZI KUNGFU PROGRAM

"Raise Men, Not Boys. Build Confidence. Build Control."

Martial arts is not about fighting. It's about winning without fighting.
Give your child the calm confidence to walk away, the discipline to obey, and the focus to lead.

PROGRAM GOALS

- Improve physical fitness and coordination
- Teach situational awareness & calm response to threats
- Build respect for self, others, and authority
- Strengthen focus, discipline and emotional control
- Lay the foundation for lifelong self-confidence

TWEZI TEACHING PHILOSOPHY

- "Kungfu is silent strength." We teach stillness, focus, and dignity first – power comes later.
- We separate martial arts from fighting. No sparring. All drills are movement-based and controlled.
- Progress is visual. Children wear colored wristbands or badges as they level up (not belts).

PARENT NOTES

- All students require written consent before participation. See attached.
- Children must wear comfortable sportswear. No jewellery.
- Aggression outside of class leads to immediate suspension
- Progress is individualized – shy children are never forced
- Optional parent-child demo day during the final week
- You must keep time. Kungfu is about discipline. You/ your child will NOT be allowed to join the class if you are late by 10 minutes to Kungfu class as warmup exercises shall have to be completed by then.
- With Kungfu, everyone is a student. Parents are welcome too. Ugx. 10k per session.



For Inquiries. Call/WhatsApp:
Mr Strategy: 0782 610 333
Michael Tumusiime: 0778 836 653
Sweetland Gardens, Kyanja

Scan To Join Twezi
Chess Whatsapp Group

